

## Coaching ADDvantages

*Let me Change Your Perspective on ADD!*

### Do you Struggle in Your Personal Life?

- Do you wonder how everyone else keeps up with the bills, mail, housework and demands of their homes & families so much more easily?
- Is your home in a constant state of chaos, keeping you from having friends and family around as often as you'd like?
- Do you waste a lot of time looking for things you need every day (glasses, keys, phone, etc.)?
- Are you often late and/or missing appointments?
- Do you feel like you're not reaching your potential—like there's so much more you could and should be doing, but you can't quite get there?
- Do you spend countless time on things of lesser importance and fall behind on the things that matter?
- Do you dread the thought of visitors coming to your home?

[www.CoachingADDvantages.com](http://www.CoachingADDvantages.com)

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